

**Pasta with the Preacher!**

*Free Lunch!*  
**Free Lunch!**



**When: Jan 10th**  
**After the Service!**  
**Where: Nursery**

**Learn about HOPE!**  
**Make new Friends!**

**DEATH**  
**BY**  
**VEGETABLES**



January 3, 2010

Message: Death By Vegetables- #1  
Daniel 10

DENNIS MURPHY, Lead Minister

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**MESSAGE NOTES**



## WEEK 1

1 Samuel 1:1-2:11

Hannah: An Example of Prayer and Fasting by Jerry Falwell (Baptist)

Today I want to communicate principles on prayer from a woman who prayed. The Bible says, “The effectual fervent prayer of a righteous man (woman) availeth much” (James 5:16). Hannah prayed, and God gave her a son. What can we learn from Hannah?

### **Day 1.**

Hannah knew how to fast. Fasting is going without food so you can give yourself to prayer; to touch God by prayer and fasting. What was Hannah’s purpose in fasting?

- ◆ What would your purpose be in fasting?

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### **Day 2**

Hannah knew the basis of prayer. She sacrificed and prayed to the Lord, using His powerful name, “Lord of Hosts” (1 Sam. 1:3). When she recognized that God was a powerful God, she could expect a powerful answer to prayer. When you call God “The Lord of Hosts” you are really calling Him the “God over all the Spiritual Armies--the Fighting Spiritual General. Remember the basic premise in prayer:

- ◆ How big is your God? How big of an answer do you expect?

**HOPE FLOW...LETTING GOD’S LOVE FLOW  
THROUGH US EVERY DAY!**

### **Day 3.**

Hannah’s prayers were deep from her heart. Every time you pray, it costs you something. Effective prayer cost Hannah something. Hannah was intense, childless, and completely committed.

Notice how the Bible describes her prayers: “She was in bitterness of soul and prayed unto the Lord and wept” (v. 10).

“It came to pass as she continued praying” (v. 12).

“I have poured out my soul before the Lord” (v. 15).

- ◆ What is your deepest desire in your prayers? Guidance and Direction? Provision? Overcome a deep, perhaps habitual sin? More intimate understanding of God?

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### **Day 4**

Hannah knew the position of prayer. Some people stand, some walk, some kneel, and some lie prostrate on the floor. Some sit on a chair. Some kneel by a chair, some kneel by a bed, or some like to come to a church altar. But the best position to pray is an inner position. In that position, your heart kneels, even when the body cannot kneel. God saw Hannah’s inner position, and it has been said on numerous occasions, “God saw . . . God heard . . . God answered.”

Hannah knew the motives in prayer—she wanted a child, she wanted to please her husband, she wanted relief from the torment and shame from Peninnah.

- ◆ Do you have outward reasons driving your inner heart? What are they?

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### **Day 5**

Hannah was tenacious and persevered in prayer. She kept praying even though she could have stopped. Even after Eli the Priest assured her that her prayers were answered, she continued to pray. “She continued praying before the Lord” (v. 12). She worshipped the Lord which was her way of thanking the Lord for an answer before she got it. “So the woman (Hannah) went her way . . . and worshipped before the Lord” (v. 18, 19).

- ◆ What makes you want to stop praying?